

BAKE LIKE A PRO
Our How-To Guide

Woman's Day

LIVE WELL EVERY DAY™

485 Tips to Live Well Every Day

REAL-LIFE DIET TRICKS THAT WORK

Simple Shortcuts to a
**Healthier
You!**

Secrets to an Always- Clean House

SAVE MORE, SPEND LESS

Our Best Plan Ever

**SNAP
TO WIN
61
PRIZES!**
See p.4



MAY 5, 2009
U.S. \$2.79

womansday.com
100s of Recipes
& Useful Tips



how to

have a great girls' night in

You don't need to be 10 years old to have a slumber party. Casey Wohl, author of the *Girls Getaway Guide* series, shares a few fun ways to relive the past.

>> Have everyone bring preplanned ingredients, then divide into two teams and have a cook-off.

>> Stock up on celebrity magazines so you can pore over the pages and debate who's sexier: Brad Pitt or George Clooney.

>> Grab a hairbrush for a microphone and belt out your favorite songs karaoke-style.

>> Once in your pj's, play a few rounds of Truth or Dare, then pull out the board games. Revisit classics like Clue, Life, Trivial Pursuit and Monopoly.

Crystal Tate



WHAT WE'RE READING RIGHT NOW **Bridge of Sighs** by Richard Russo; **The Hour I First Believed** by Wally Lamb; **Sleepwalking in Daylight** by Elizabeth Flock; **The Lucky One** by Nicholas Sparks; **The Kite Runner** by Khaled Hosseini.



Counting down to summer—just 68 days left

Flowers! Like these Gerber daisies in a jeweled vase (\$24.99; ← 1800flowers.com)

Getting homemade cards from our kids on Mother's Day

Scripps National Spelling Bee (May 26–28)



in praise of imperfection

ASK A WOMAN to tick off her roles and the list could go on forever: mom, wife, daughter, sister, friend. How to manage all of them? That's a question Lee Woodruff is still trying to figure out. In her new book, *Perfectly Imperfect: A Life in Progress*, Woodruff, life and family contributor for ABC's *Good Morning America*, reflects on the many ups and downs of daily living with honesty, poignancy and lots of humor. Her personal stories of motherhood, marriage and much more prove that life rarely goes as planned—and that's perfectly fine with her. And it's perfectly fine with us, too! ▶



TOP: BAMBU PRODUCTIONS/GETTY; BOTTOM RIGHT: COURTESY OF CATHERINE WHITE.